


*Camino Primitivo*

**Oviedo to Santiago de Compostela, 321km**  
Walking stages


\*MA - municipal albergue, PA - private albergue

<b>Day 1. Oviedo to El Escamplero, 13km</b>		
4,5km	San Lazaro de Panicles	bar
8,8km	La Bolguina	bar
13km	El Escamplero	MA, pension, restaurant, grocery shop
<b>Day 2. El Escamplero to San Juan de Villapañada, 17km</b>		
9km	L'Arache	bar
13km	Grado	MA, PA*, pension, ATM, supermarket, restaurant, bar
17km	Villapañada	MA
<b>Day 3. Villapañada to Salas, 20,2km</b>		
5,2km	La Doriga	PA, bar
8km	Cornellana	MA, pension, ATM, supermarket, restaurant, bar
16,5km	Casazorrina	Petrol station with café
20,2km	Salas	MA, PA, pension, ATM, supermarket, pharmacy, restaurant, bar
<b>Day 4. Salas to Tineo, 20km</b>		
7,8km	Bodenaya	MA
8,9km	La Espina	PA, ATM, supermarket, restaurant, bar
20,2km	Tineo	MA, PA, ATM, supermarket, pharmacy, restaurant, bar
<b>Day 5. Tineo to Pola de Allande, 28km</b>		
14km	Campiello	PA, pension, shops, bars
17km	Borres	MA, bar
23km	Porciles	Bars
28km	Pola de Allande	MA, PA, ATM, supermarket, pharmacy, restaurant, bar



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<b>Day 6. Pola de Allande to A Mesa, 23km</b>		
18,2km	Berducedo	MA, PA, bar, shop
23km	A Mesa	MA, PA, restaurant
<i>Optional route through Hospitales</i>		
<b>Day 5. Tineo to Borres, 18km</b>		
14km	Campiello	PA, pension, shops, bars
18km	Borres	MA, bar
<b>Day 6. Borres to A Mesa, Ruta de los Hospitales, 28km</b>		
26km	Berducedo	MA, PA, bar, shop
28km	A Mesa	MA, PA, restaurant
<b>Day 7. A Mesa to Grandas de Salime, 17km</b>		
10km	Embalse de Salime	Hotel, restaurant
17km	Grandas de Salime	MA, PA, ATM, supermarket, pharmacy, restaurant, bar
<b>Day 8. Grandas de Salime, to A Fonsagrada, 26km</b>		
3,2km	Cereixeira	Bars
5,5km	Castro	PA, hotel, restaurant
14,5km	Venta del Acebo	Bar
20km	Paradanova	Bar
26km	A Fonsagrada	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
<b>Day 9. A Fonsagrada to O Cádavo Baleira, 25,4km</b>		
13km	Paradavella	Bars
17,8km	A Lastra	Bar
20,6km	Fontaneira	Bar
25,4km	O Cádavo Baleira	MA, PA, hotel, ATM, shop, pharmacy, restaurant, bar
<b>Day 10. O Cádavo Baleira to Lugo, 30,5km</b>		
6km	Vilabade	Mobile café next to the church
8,6km	Castroverde	MA, pension, ATM, supermarket, pharmacy, restaurant, bar



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15km	Vilar de Cas	Snack and drinks vending machine
17,6km	Gondar	Snack, drinks, coffee and sandwich vending machine
30,5km	Lugo	MA, PA, hotel, ATM, supermarket, farmacy, restaurant, bar
<b>Day 11. Lugo to San Romao da Retorta/Castrelo, 20km</b>		
2,3km	San Lázaro	Bar
5-7km	Along the road	There are two rest places under the roof with tables, chairs and snack/drink vending machines.
10km	San Vincenzo do Burgo	Bar
17,7km	Taboeiro	Restaurant, open only for lunch
20km	Castrelo	MA, PA, bar
<b>Day 12. San Romao da Retorta/Castrelo to Melide, 28km. Merging with the French Camino in Melide</b>		
5km	A Covela	PA, bar
13km	As Seixas	MA, bar
14,6km	Casacamiño	Hotel, bar
22km	Irago de Arriba	Bar
28km	Melide	MA, PA, hotel, ATM, supermarket, farmacy, restaurant, bar
<b>Day 13. Melide to O Pedrouzo, 33,3km</b>		
1km	Santa Maria de Melide	Restaurant
5,8km	Boente	PA, bar
8km	A Fraga Alta	PA, bar
11km	Ribadiso da Baixo	PA, bar
14,2km	Arzúa	MA, PA, hotel, ATM, supermarket, farmacy, restaurant, bar
20km	Calzada	Bar
22km	Calle	Bar
25km	Salceda	PA, bar, farmacy
29,4km	O Empalme	Bars


  
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30km	Santa Irene	MA, PA, café
32km	A Rúa	Pension, bar
33,3km	O Pedrouzo	MA, PA, hotel, ATM, supermarket, farmacy, restaurant, bar
<b>Day 14. O Pedrouzo to Santiago de Compostela, 20km</b>		
7,7km	San Paio	Bar
9,5km	Lavacolla	Bar, shop, farmacy
14,8km	San Marcos	Bar, shop
15,2km	Monte de Gozo	PA, ATM, Bar, shop,
20km	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, farmacy, restaurant, bar